



HILLSBORO COMMUNITY UNIT SCHOOL DISTRICT #3

Hope McBrain, Superintendent



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1311 Vandalia Road, Hillsboro, IL 62049

Hillsboro CUSD #3 Wellness Policy Board Report

This report is mandated by the State of Illinois as a part of Hillsboro CUSD #3's Wellness Policy, 6:50. If you would like to provide input or offer feedback in regard to our Wellness Policy, please contact Hope McBrain at hmcbrain@hillsboroschools.net or 217-532-2942

Goals for Policy

1. Students in P-12th grade shall receive nutrition education that is coordinated within a comprehensive health curriculum.
2. Students in P-12th grade shall participate in daily Physical Education.
3. Schools shall support parents' efforts to provide a healthy diet and daily physical activity for their children.
4. Schools shall offer healthy meals following USDA approved guidelines and support healthy eating habits at home.

Implementation

1. Implementation-All actions for the goals of the wellness policy have been implemented.
2. Compliance-Hillsboro CUSD #3 Wellness Policy is compliant with all necessary USDA, ISBE and local mandates.
3. Compare to Model Wellness Policies-When compared to area Wellness Policies, Hillsboro CUSD #3 is exemplary.
4. Progress Toward Attaining Goals-All goals have been met.